



Optional:

Add buttons to the outside back of the cap –

This gives medical staff a place to hook their masks, which gives their ears a break. (You can see button placement below - towards the back of the cap, a few inches from the start of the ties.)

I sew a batch of caps, then use my sewing machine to sew on the buttons all at once. To attach buttons by machine, remove your presser foot (or use a button-attaching foot if you have one), switch to a zigzag stitch with your stitch length set to 0, place your button under your needle and use your flywheel to carefully determine the correct stitch width that will sew from one buttonhole to the other. Set that width, then sew! I go back and forth about 10 times, then tie off my threads a few times by hand before clipping them short to make sure the button stays on. If you have any tips for machine-sewing buttons, please share them below!

